

# Mental Health and Addiction STRATEGY 2023-2027



**Promote** mental health literacy and wellness in the learning environment, as well as build strong home and community connections

- Foster safe and welcoming environments for students, staff and families
- Embed mental health promotion and substance use prevention in the classroom
- Instruction of social and emotional learning strategies
- Make mental health literacy resources available to families

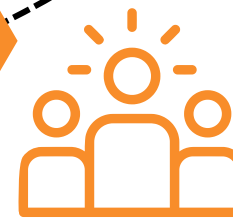
TLDSB will provide culturally responsive, identity affirming mental health and well-being awareness, promotion, prevention, early identification and intervention to best support **every student.**

The mental health commitments for TLDSB are to:



**Equip** students, staff, and caregivers with the knowledge to identify mental health concerns and available resources

- Range of services from mental health promotion and prevention to early identification and intervention
- Role-specific learning for caring adults
- Support families with knowledge to best notice and respond when their child may be struggling with their mental health
- Clear access to community based resources



**Collaborate** with all stakeholders toward a shared vision of care

- Clear pathways to, through, and from mental health services for students who require them outside of the school setting
- Joint local planning toward a shared vision of care for child and youth mental health



**Amplify** student voice and leadership in mental well-being

- Student voice to inform decisions that impact mental well-being
- Student driven mental health and stigma reduction campaigns